

Otsego County Office of Emergency Services
 American Heart Association Training Center # NY-4566
 CPR/First Aid Course Schedule
 (607)547-7524

lemisterf@otsegocounty.com

The mission of the County of Otsego American Heart Association Training Center (TC) is to ***“make Cardiopulmonary Resuscitation/First Aid training assessable to the greatest number possible within the communities served by this TC; thereby reducing pain, disability and death from heart disease, stroke, other illnesses, and injury.”***

To help accomplish this end we **do not charge** for any American Heart Association course offered by this TC. All instructors are volunteers, receiving no compensation for their services. The only cost to the student is the charge of the text book which varies from course to course. Please contact this office for further information.

To sign up for one of the scheduled classes below, please contact the listed instructor for the course you have interest in. Prior to enrolling in a class, make sure you have selected the correct level of training. Some agencies require **Heartsaver** level training while others (life guarding, nursing school, ambulance squads) may require **Healthcare Provider**. **Course enrollment is limited and is filled on a first contact basis. Anyone who shows up at a class without prior reservation may not be admitted.**

Thank you for considering these life saving courses.

Updated 01/04/11

Level of Training	Day/ Date	Time	Location	Instructor	Phone Number	e-mail
Heartsaver CPR/AED Adult & Child	Thursday, January 13	12:30 PM - 4:30 PM	Dr. Evans Office, Fly Creek	Fred Lemister	(607) 547-7524	lemisterf@otsego.com
Heartsaver First Aid	Friday, January 14	12 Noon - 4:30 PM	Woodside Hall, 1 Main Street, Cooperstown	Fred Lemister	(607) 547-7524	lemisterf@otsego.com
Heartsaver CPR/AED Adult & Child	Tuesday, January 18	6 PM - 10 PM	Hessville TBA	Paul Kolb	(607) 264-3903	pandjkolb@gmail.com
Heartsaver CPR/AED Adult, Child with Infant CPR	Friday, January 28	9:30 AM - 12:30 PM	Salvation Army Oneonta	Dawn Helstrom	(607) 433-8064	dhelstrom@ofoinc.org
Heartsaver First Aid	Friday, January 28	12:30 PM - 4:30 PM	Salvation Army Oneonta	Dawn Helstrom	(607) 433-8064	dhelstrom@ofoinc.org
Heartsaver First Aid	Wednesday March 2	3 PM - 7:30 PM	Morris Central School	Fred Lemister	(607) 547-7524	lemisterf@otsego.com